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EMORANDUM

TO: East Central Region D.C.M.s

FROM: Pam Reising, East Central Regional Trustee P.R.

RE: East Central Regional Forum: November 13-14, 2009

DATE: August, 2009

Hi everybody,

We are all looking forward to seeing you at the upcoming East Central Regional Forum in Kalamazoo, Michigan. At Regional Forums, A.A. members and service workers in our whole region and in your own district have the chance to hear more about the wider world of A.A. This is an opportunity for members who attend the Forum to exchange group, district, area and regional experience with the representatives of the General Service Office, the Grapevine, the General Service Board, as well as other A.A. members who attend. Area Delegates and committee members, both past and present, also come to listen and share their experience at the Regional Forum.

As we all know, communication is a vital link for all of us in A.A., and Regional Forums are an important link in that chain. Whether it is a one-on-one chat during a coffee break, asking a question at the microphone during a Sharing Session, or just absorbing information, each member's attendance at these Forums helps to further our primary purpose—staying sober and helping other alcoholics to achieve sobriety.

The goal of a Regional Forum is to provide a special service event that is also a rewarding personal experience for every A.A. member who attends. Please ask all group members, especially your G.S.R.s, to attend the Forum and bring along questions and ideas. There is no registration fee. Please encourage sponsors to bring new sponsees, too. When you visit the groups in your district, please share the registration forms that are enclosed and make sure everyone knows about our Regional Forum.

If you need more information, please contact Eva Sanchez, Regional Forums Coordinator at 212-870-3120 or via email at regionalforums@aa.org.

I hope that you and members of your district will be able to attend and I look forward to seeing you in Kalamazoo.

D.C.M.

THIS INVITATION IS FOR YOU!