

MANHATTAN KITCHEN TABLE GROUP FORMAT - 2010

Meeting Format - Each of these topics will be discussed week to week on a rotating basis
(Thursdays 7 pm - United Methodist Church - Manhattan)

January	7	How It Works - "Alcoholics Anonymous" - Ch. 5	July	1	Step 7 - "Humbly asked Him..." - "12 and 12"
	14	Step 1 - "We admitted we were powerless..." - "12 and 12"		8	How It Works - "Alcoholics Anonymous" - Ch. 5
	21	Preface, Forwards 1 & 2 - "Alcoholics Anonymous"		15	Sincerity - "The Greatest Thing in the World" *
	28	Availing Yourself a Sponsor - "Living Sober" - Ch. 11 *		22	Traditions 8 - 11 "12 and 12"
				29	24 Hour A Day Reading - July 29 *
February	4	Step 2 - "Came to believe..." - "12 and 12"	August	5	Steps 8 and 9 - "Made a list...Made direct amends..." - "12 and 12"
	11	Doctors Opinion - "Alcoholics Anonymous"		12	Into Action - "Alcoholics Anonymous" - Ch. 6
	18	Humility - "The Greatest Thing in the World" *		19	Getting Active - "Living Sober" Ch. 6 *
	25	Tradition 1 - "Our common welfare..." - "12 and 12"		26	Guilelessness - "The Greatest Thing in the World" *
March	4	Step 3 - "Made a decision..." - "12 and 12"	September	2	Working with Others - "Alcoholics Anonymous" - Ch. 7
	11	Bill's Story - "Alcoholics Anonymous" - Ch. 1		9	Lord's Prayer - E. Fox - "Our Father Which Art in Heaven" *
	18	Patience - "The Greatest Thing in the World" *		16	Lord's Prayer - E. Fox - "Hallowed..Thy Kingdom Come..." *
	25	Fellowship - "AA Comes of Age" - Pgs 276-277 *		23	Lord's Prayer - E. Fox - "Give Us This Day...Forgive Us Our Trespasses
April	1	Step 4 - "Made a searching..." - "12 and 12"		30	Lord's Prayer - E. Fox - "Lead Us Not...For Thine Is..." *
	8	There is a Solution - "Alcoholics Anonymous" - Ch. 2	October	7	Step 10 - "Continued to take personal inventory..." - "12 and 12"
	15	Serenity Prayer *		14	To Wives, Family, Employers - "Alcoholics Anonymous" - Ch. 8, 9 & 10
	22	Acceptance" - "Alcoholics Anonymous" *		21	Courtesy - "The Greatest Thing in the World" *
	29	Unselfishness - "The Greatest Thing in the World" *		28	Tradition 12 - "Anonymity is the spiritual foundation..." - "12 and 12"
May	6	Step 5 - "Admitted to God..." - "12 and 12"	November	4	Step 11 - "Sought through prayer..." - "12 and 12"
	13	More about Alcoholism - "Alcoholics Anonymous" - Ch. 3		11	A Vision for You - "Alcoholics Anonymous" - Ch. 11
	20	Kindness - "The Greatest Thing in the World" *		18	Generosity - "The Greatest Thing in the World" *
	27	Traditions 2 - 7 "12 and 12"		25	Gratitude - "Living Sober" - Ch 19 *
June	3	Step 6 - "Were entirely ready..." - "12 and 12"	December	2	Step 12 - "Having had a spiritual awakening..." - "12 and 12"
	10	We Agnostics - "Alcoholics Anonymous" - Ch 4		9	Spiritual Experience - "Alcoholics Anonymous" - Appendix II
	17	Good Temper - "The Greatest Thing in the World" *		16	Physician Heal Thyself - "Alcoholics Anonymous"
	24	Coin Slogans - H.O.W. & Recovery, Unity, Service *		23	24 Hour a Day Reading - "Past..." December 23
				30	24 Hour a Day Reading - "Succeeding..." December 31

* = Copies of reading available at Literature Table